November 16, 2026

Health Care Covered 100% at the Samuel J. Friedman Health Center for the Performing Arts

Starting November 1, 2026, Fund participants who live in, work in, or are visiting the New York City area can receive in-network primary and specialty health care at the Friedman Health Center at no cost—there are no copays, coinsurance or deductibles to meet.

The Friedman Health Center

The Friedman Health Center is conveniently located in Times Square and provides primary care, urgent care, podiatry, sports medicine, gynecology, specialty referrals, and more. It offers extended weekday and weekend hours to accommodate live performance schedules. It's possible to make same- or next-day appointments.

The Friedman Health Center is part of the Mount Sinai network, which is in-network in the Fund's Anthem benefits.

Services Provided at the Friedman Health Center

Here are some highlights of the services that the Friedman Health Center provides:

- Primary care (wellness check-ups, physical exams and sick visits)
- Specialty Care (gynecology, podiatry, sports medicine)
- Preventive Care
  - – PrEP for HIV preventions
  - – Musculoskeletal programs
  - – Flu, pneumonia, & other preventative vaccines
  - – Discussion & ordering of screening tests for cancer
  - – Smoking cessation
  - – Management of chronic health conditions

How to Make an Appointment

Call (212) 930-7300, make an appointment online, or use the MyMountSinai app. The Friedman Health Center does not take walk-ins, but same-day appointments may be available.

When you check in for your appointment, show your I.A.T.S.E. National Health and Welfare Fund Anthem ID card. You will not be charged for your visit.

Friedman Health Center Contact Information

Samuel J. Friedman Health Center for the Performing Arts – Mount Sinai
Entertainment Community Fund
729 Seventh Avenue, 12th Floor (between 48th and 49th Streets)
New York, NY 10019
(212) 489-1939

The Friedman Health Center's hours are:

- Monday: 8 am–8 pm ET
- Tuesday: 8 am–8 pm ET
- Wednesday: 8 am–8 pm ET
- Thursday: 8 am–8 pm ET
- Friday: 8 am–5 pm ET
- Saturday: 8 am–4 pm ET

If you have any questions, please contact the Fund Office at 212-580-9092.

Sincerely,



Anne J. Zeisler
Executive Director