



Subject: New Health Benefit: Transform Care is Now Available at No Cost to You

August 4, 2020

Dear Party,

We are excited to announce a new diabetes health benefit. The program helps make living with diabetes easier by providing you with a Livongo meter, strips, and coaching.

Eligible Participants: The Transform Care® program combines Livongo's advanced technology with tools and support to help CVS Caremark participants live the life they want. If applicable, it is available at no cost to you as part of your CVS Caremark®

prescription benefit plan offered by I.A.T.S.E. National Health & Welfare Fund.



Join Livongo now for these benefits:

- **More Than a Standard Meter:** The Livongo meter is connected and provides real-time tips and automatically uploads a participant's blood glucose readings, making log books a thing of the past.
- **Strips at No Cost to Participants:** Participants get the strips and lancets they need at no extra cost. When participants are about to run out, Livongo ships more strips and lancets, right to their door.
- **Coaching Anytime and Anywhere:** The Livongo expert coaches are available anytime by phone, text, and our mobile app to give participants guidance on their nutrition and lifestyle questions.

To Learn More or Join:

join.livongo.com/IANBF/now

We are continually looking for ways to add programs that will enhance our benefits offering and help maintain and improve

participants' health and the health of their family members. If you have any questions about this program, please visit the [Livongo website](#) or call Livongo Participant Support at (800) 945-4355 and mention registration code IANBF.

Thanks,

The Board of Trustees
