



2018 DENTAL WELLNESS CALENDAR

Delta Dental's [wellness resources](#) let you offer relevant content all year round.

JANUARY	FEBRUARY	MARCH	APRIL
<ul style="list-style-type: none"> • Posters: New Year, New You • Infographics: New Year, New You • 1/22 - 1/28: National Drug & Alcohol Facts Week 	<ul style="list-style-type: none"> • Children's Dental Health Month • Gum Disease Awareness Month • 2/14: Valentine's Day • 2/25 - 3/3: National Eating Disorders Awareness Week • 2/28: Tooth Fairy Day 	<ul style="list-style-type: none"> • National Nutrition Month • 3/20: First Day of Spring • 3/22: World Water Day 	<ul style="list-style-type: none"> • National Anxiety Month/Stress Awareness Month • Oral, Head & Neck Cancer Awareness Month • 4/8 - 4/14: National Prosthodontics Awareness Week • 4/22: Earth Day
MAY	JUNE	JULY	AUGUST
<ul style="list-style-type: none"> • National Physical Fitness & Sports Month • National Asthma & Allergy Awareness Month • National Osteoporosis Awareness & Prevention Month • 5/6 - 5/12: Root Canal Awareness Week & North American Occupational Safety & Health Week 	<ul style="list-style-type: none"> • Alzheimer's & Brain Awareness Month • Employee Wellness Month 	<ul style="list-style-type: none"> • National Cleft & Craniofacial Awareness & Prevention Month 	<ul style="list-style-type: none"> • Back to School • 8/6: National Fresh Breath Day
SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
<ul style="list-style-type: none"> • Healthy Aging Month • Cold & Flu Awareness Month 	<ul style="list-style-type: none"> • National Dental Hygiene Month • National Orthodontic Health Month • 10/31: Halloween 	<ul style="list-style-type: none"> • American Diabetes Month • 11/16: The American Cancer Society's Great American Smokeout • 11/24: Thanksgiving • 11/25: National Flossing Day 	<ul style="list-style-type: none"> • Holiday Health Campaign • 12/1: World Aids Day